



RVAC GYM Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
Open-9:00am	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
9:15-10:30am	CUT (If needed) <i>Allyson</i>	OPEN GYM	CUT (If needed) <i>Allyson</i>	OPEN GYM		HOMESCHOOL FITNESS	OPEN GYM
10:30-11:30am	OPEN GYM	OPEN PICKLEBALL	OPEN GYM	OPEN GYM	BEGINNER OPEN PICKLEBALL	OPEN GYM	OPEN GYM
11:30am-1pm	OPEN GYM	INTERMEDIATE OPEN PICKLEBALL	OPEN GYM	OPEN GYM	OPEN PICKLEBALL	OPEN GYM	OPEN GYM
1:00pm-4:30pm	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM
4:30-6:00pm	FitKids 445-530pm	CUT (If needed) <i>Allyson</i>	FitKids 445-530pm	CUT (If needed) <i>Allyson</i>	OPEN GYM	OPEN GYM	OPEN GYM
6:00pm-Close	OPEN GYM	OPEN GYM	OPEN GYM	RESERVED PRIVATE VOLLEYBALL 7PM-9PM	OPEN GYM	OPEN GYM	OPEN GYM

PICKLEBALL: ALL PLAY WILL BE OPEN TO ALL, ROTATION PLAY. PLAYERS PROVIDE OWN PADDLES/BALLS. WE HAVE "NEXT UP" RACKS ON ORDER.

PLAYERS MUST SET-UP AND TAKE-DOWN NET AND RETURN TO FRONT DESK.